

Food as the national symbol of the Czech Republic

Hello,

We come from Czech Republic.

Let us introduce ourselves.

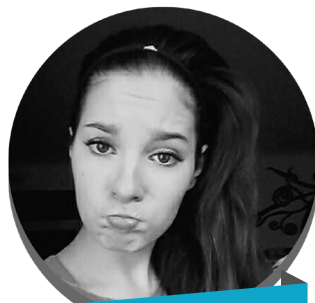


RADEK

16 years old

Handball player

Graphic designer



NIKOL

17 years old

Athlete

Graphic designer

Czech cuisine is very varied. We are the biggest consumers of beer and pork in Europe. We like to combine it with vegetables. Basically, people in the Czech Republic eat everything what you can find in our state.





Roast pork with dumplings and sauerkraut



Our leader!

Czech classics. Considered the national dish. Originally from the south of Germany. Roast pork with dumplings and sauerkraut is inspiration for music industry because one Czech music band is called after this type of meal.

Ingredients:

- roast pork meat
- sauerkraut or stewed cabbage
- bread dumplings or potato dumplings





Fried carp

Carp is typical Czech Christmas meal. It is fried on the pan. It is usually served with potato salad. The oldest mention about „Christmas carp“ is from 1253. According to the survey two thirds of people in the Czech Republic eat carp at Christmas. The problem with eating carp is a lot of bones which can get stuck in the throat.



The scale of a carp is a symbol of wealth so we put it under a plate before Christmas dinner or we put it into the purse.





Potato pancakes

Potato pancakes are biscuits from shredded potatoes. Potato pancakes are fried on the pan too. We eat them hot. We eat them separately or with sauerkraut and smoked meat. Potato pancakes can be a garnish for meat and sauce.



Ingredients:

- potatoes
- flour
- eggs
- garlic
- salt





Roast sirloin beef in sour cream sauce with dumplings.

Roast sirloin in sour cream sauce with dumplings is mentioned in the first Czech cookbook issued in 1826. Sirloin is a kind of valuable beef. It's expensive so we can serve it with an other type of meat.



Ingredients:

- roast sirloin
- stewed carrot
- celeriac
- onion
- cream





Bread and butter pudding

Bread and butter pudding

is prepared of sliced rolls and sliced apples mixed with raisins, cinnamon and with whipped egg-white. We eat that hot but we can eat that cold as well.





Beer

Beer is the world's most consumed alcoholic drink and in the Czech Republic we brew the best beer in the world. It's considered to be our national icon. The most famous beer from our state is "Pilsner Urquell" from Pilsen, but we have other great producers. For example "Budweiser" from Budweis and "Starobrnó" from Brno.



Brewery in the Pilsen



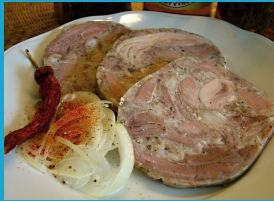
Other typical food



Fried schnitzel



Apple strudel



Head cheese



Plum Brandy



#THANKYOU

